

wysa

Wysa for Return-to-Work

Interactive workers compensation
tool helps promote holistic recovery



Background

Travelers Companies, the largest workers compensation insurer in the United States, was looking at ways to reduce claims cost, inspiring WYSA's Return to Work program.

"Factors unrelated to an individual's injury, such as fear, unrealistic expectations, lack of sleep, or minimal social support, can hinder the recovery process. Helping injured employees bounce back requires an approach that addresses an individual's physical and mental health challenges, and we're pleased to offer another tool that supports the total well-being of our customers' employees."

– Dr. Marcos Iglesias
Chief Medical Director
Travelers



First line mental health care for 3 million injured employees in USA annually

According to Travelers workers compensation claim data, more than 40% of employees who have missed workdays due to injury have experienced a psychosocial barrier to recovery.

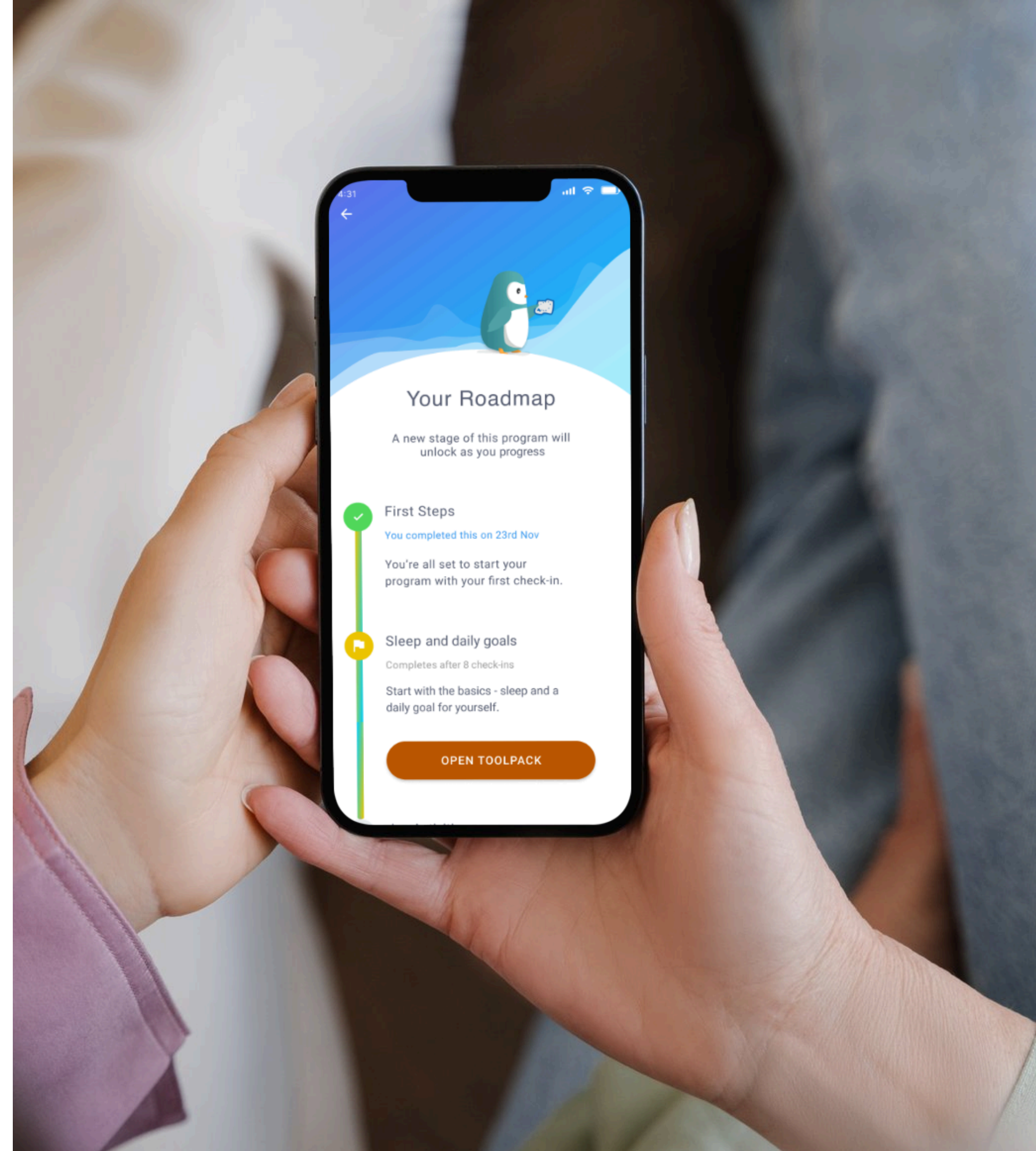
Travelers recognized the gap and offered Wysa for Return to Work – an app designed to promote the mental health of injured employees and facilitate a more holistic recovery.

The app is accessible to injured employees who indicate one or more psychosocial barriers to their recovery during conversations with a Travelers nurse or claim professional.



Return-to-Work Program

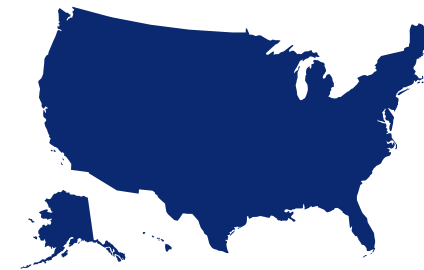
- **12 week program** utilizing the principles of behavioral activation and cognitive restructuring .
- Supports the user with **building a recovery mindset.**
- Offers **personalized recommendations** based on users' needs.
- Aims to improve recovery outcomes, help in recovery management, and **reduce time taken to return to work.**



2 years of extensive research: Demographics

Our usability data is backed by 2 years of extensive research on over 5000 injured employees on workers' compensations claims.

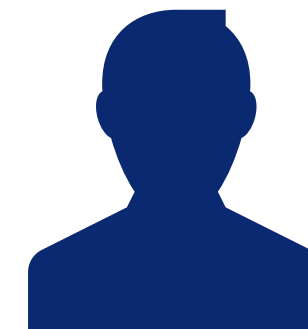
The study cohort was composed of



Residents of **USA**



56% between
41-75 years



66% men



99% with medium-
severe injuries

The numbers demonstrate Wysa's best-in-class engagement

94%

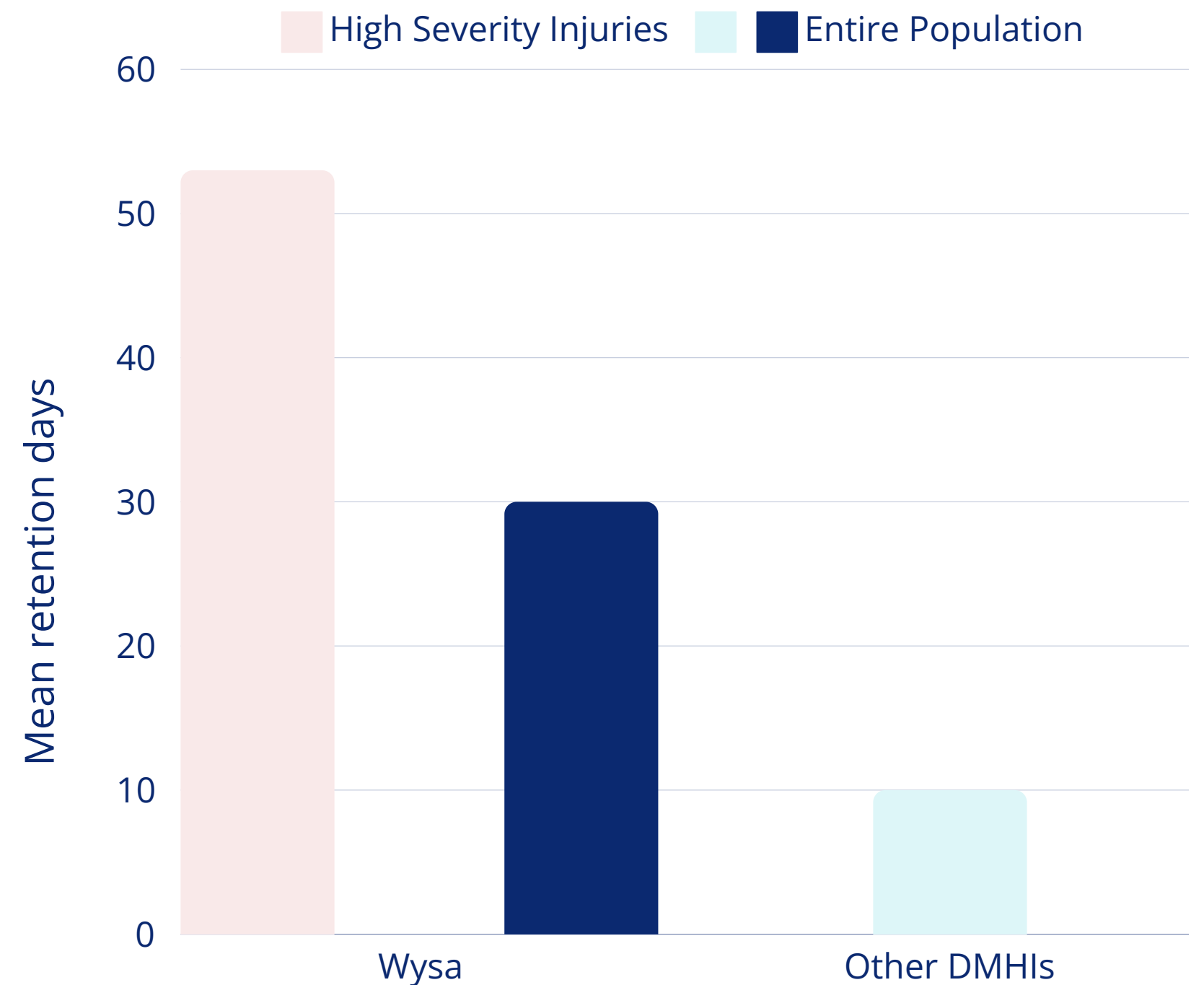
Expressed interest & completed onboarding

88%

Checked in regularly, engaged in sessions

90%

Rated the program 4+ stars ★★★★★



Leading to high user retention periods, **200-400%** more than other DMHIS.

Returning to work one-third faster with Wysa

Early pilot results show that injured employees using Wysa for Return to Work have a **reduced number of missed workdays by approximately one-third**, compared to those not using the app.

\$21 Million

Costs saved thanks to
reductions in absence

80% Addressable claims
that were offered Wysa

20% Wysa uptake

33% Reduction in Loss-Time-Days

Available in English and Spanish to injured employees

- Increased employee engagement, resulting in enhanced rehabilitation processes.
- Significant improvement in mental health symptoms, contributing to a smoother recovery.

“

“It especially helped when I couldn't fall asleep due to the pain.”

– Shared by a user in NPR



Book a demo today

Wysa helps insurers proactively support members' mental health, reducing long-term claims costs and facilitating faster return-to-work outcomes.

