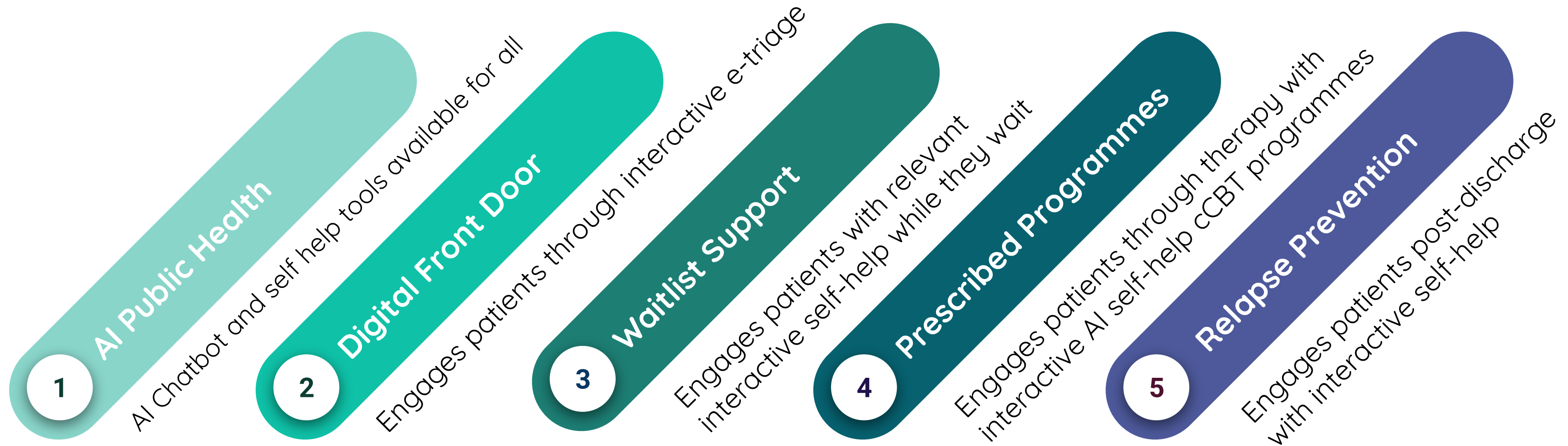


Wysa engages patients through the NHS pathway

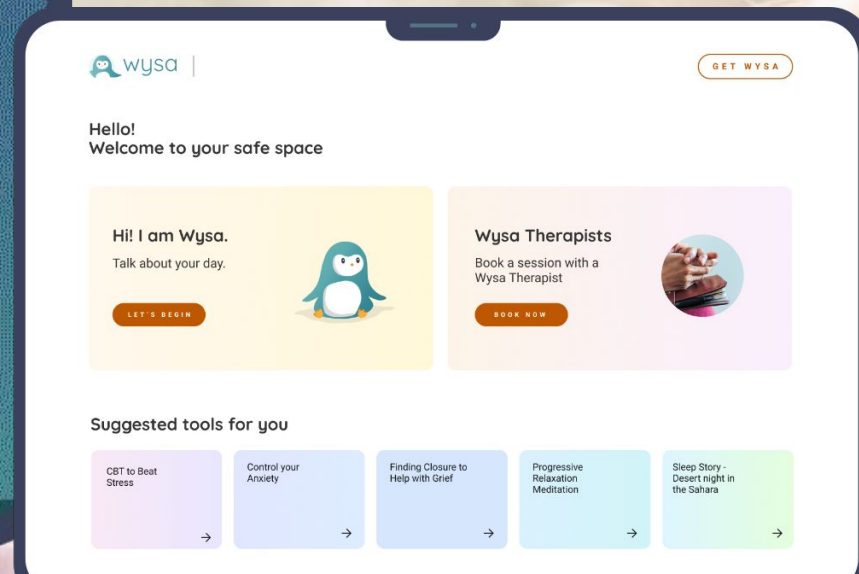
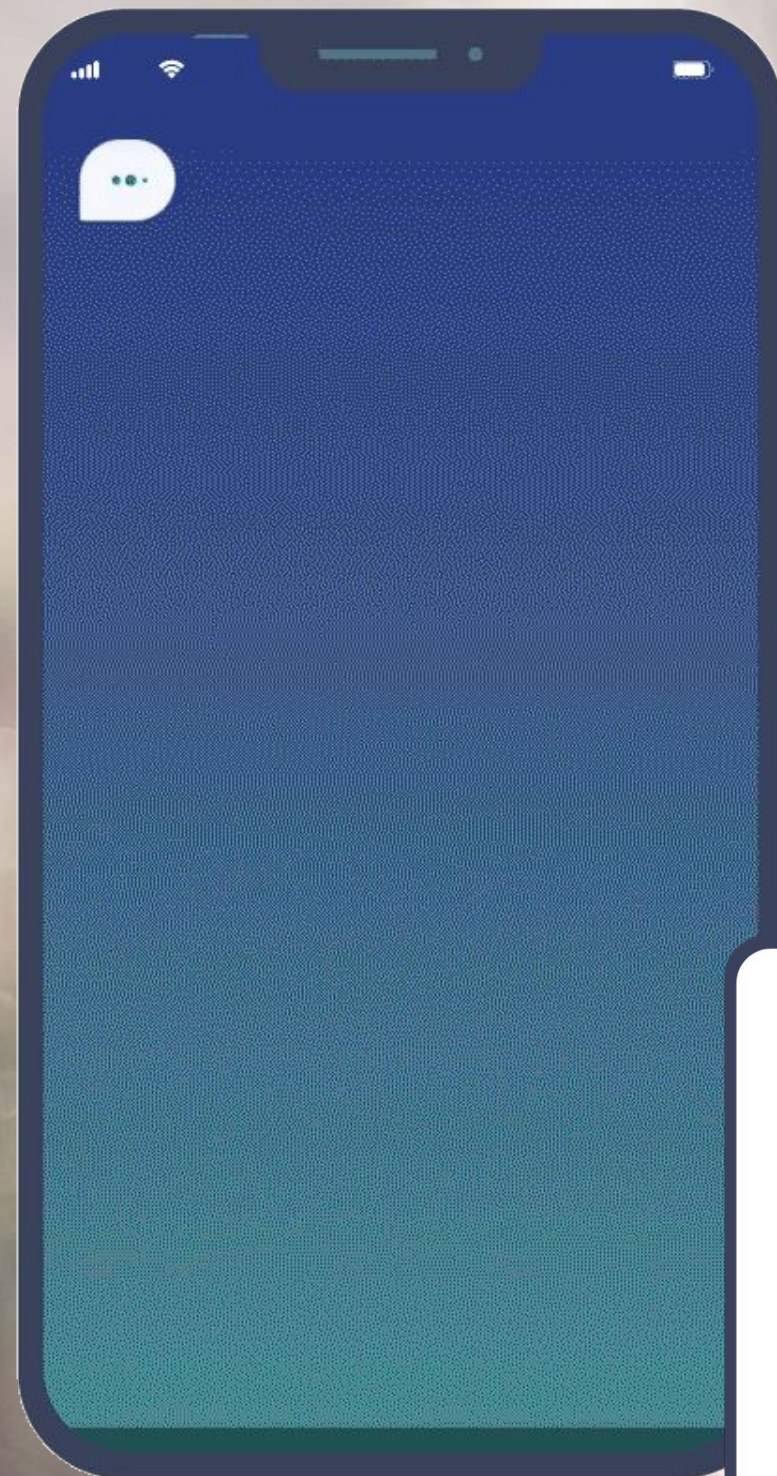


Continuous Conversational Care through the Wysa AI chatbot

Daily check-ins and SOS safety

Whole Mental Health Care Pathway

Whole Care pathway AI Solution for 24/7 conversational mental health care



The only digital AI mental health tool with a NICE ESF 3a status:

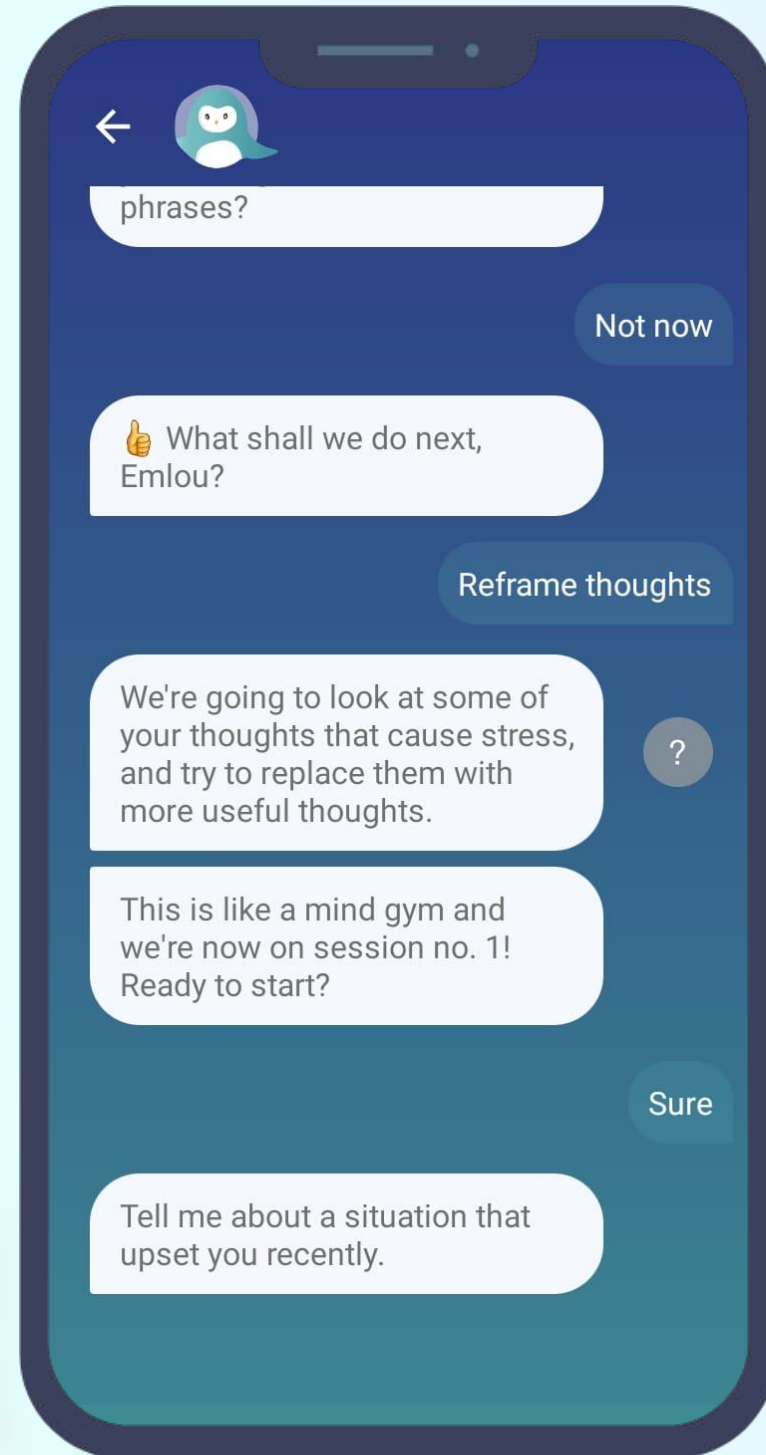
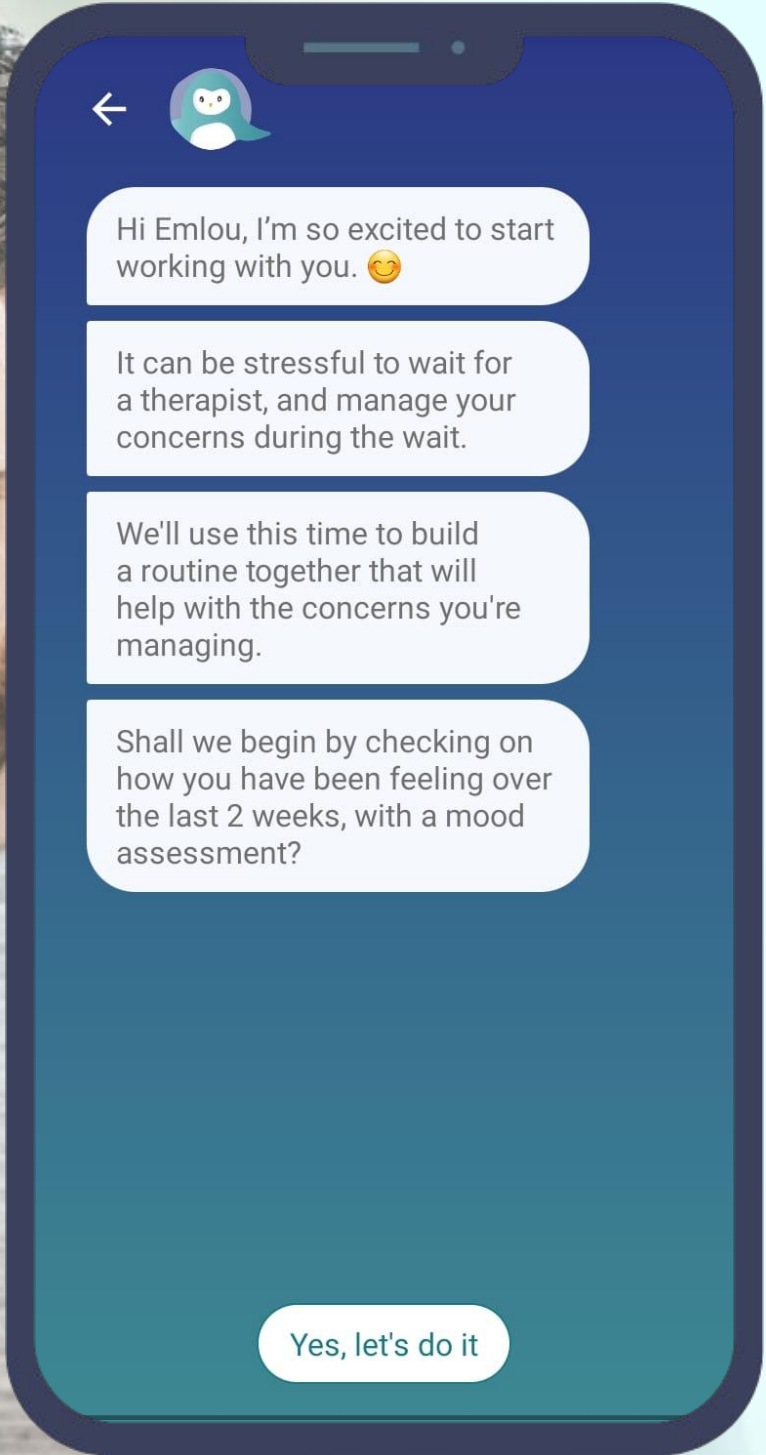
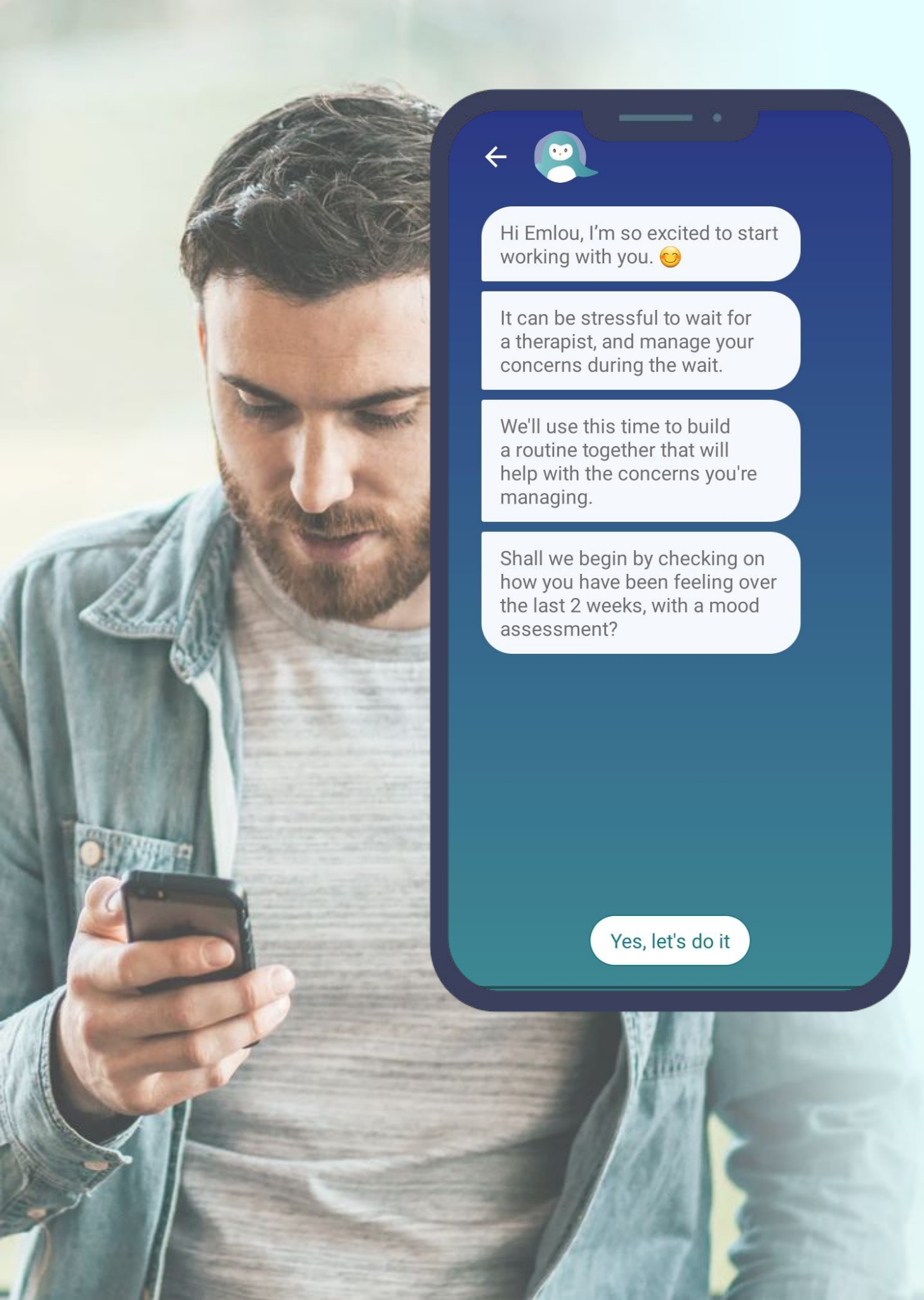
- monitoring
- allows service users to communicate about their health
- provides preventative behaviour change and self management

150+

self help waiting list video, audio and conversational exercises

11

evidence based prescribable AI cCBT programmes



Waitlist support: Continuous Conversational Care AI chatbot

AI guided listening that guides users through evidence based exercises including:

- Thought reframing
- Relaxation techniques
- Behavioural activation
- Goal setting.

Conversations and techniques are guided by client responses to Wysa questions and scores on standardised questionnaires.

For Deep
Sleep

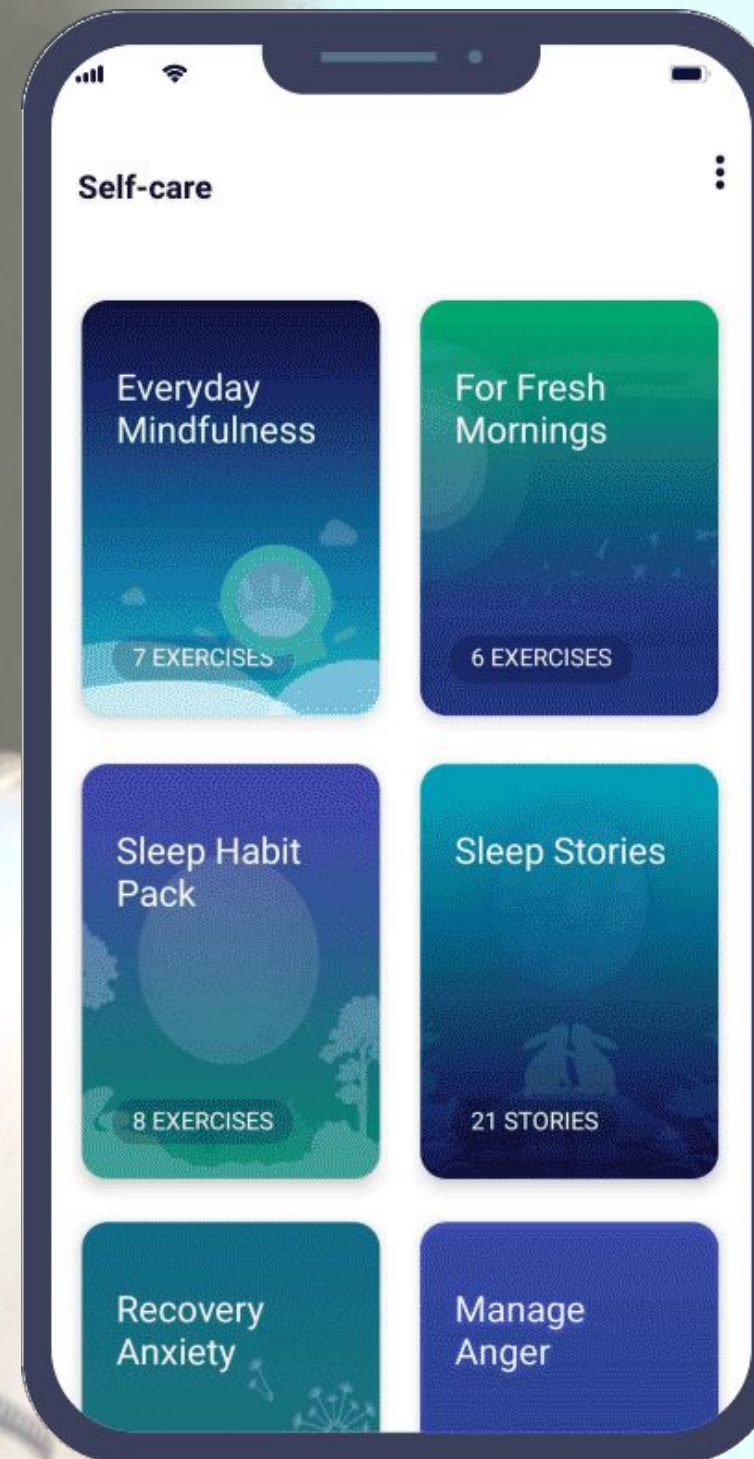
7 EXERCISES

Manage
Anxiety

8 EXERCISES

Positivity
Pack

5 EXERCISES

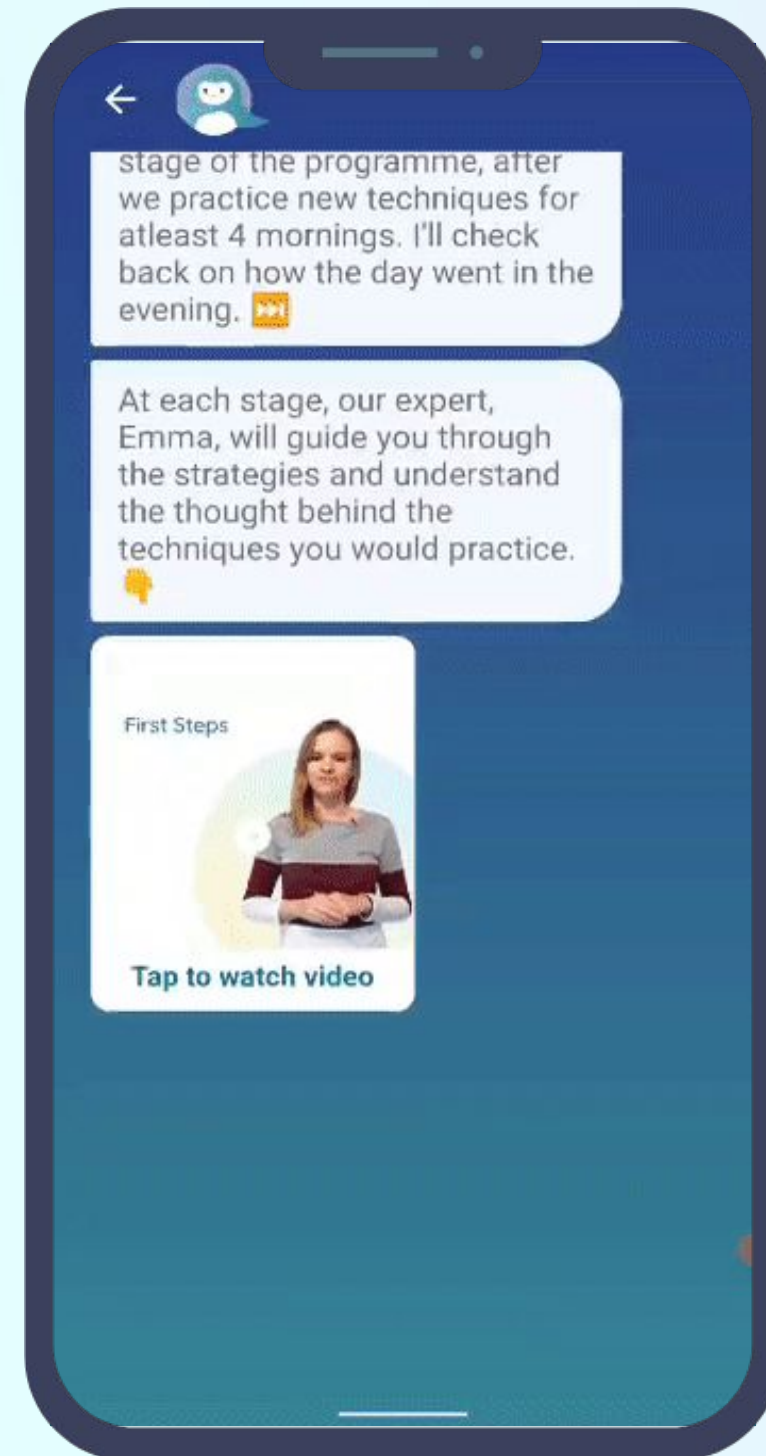
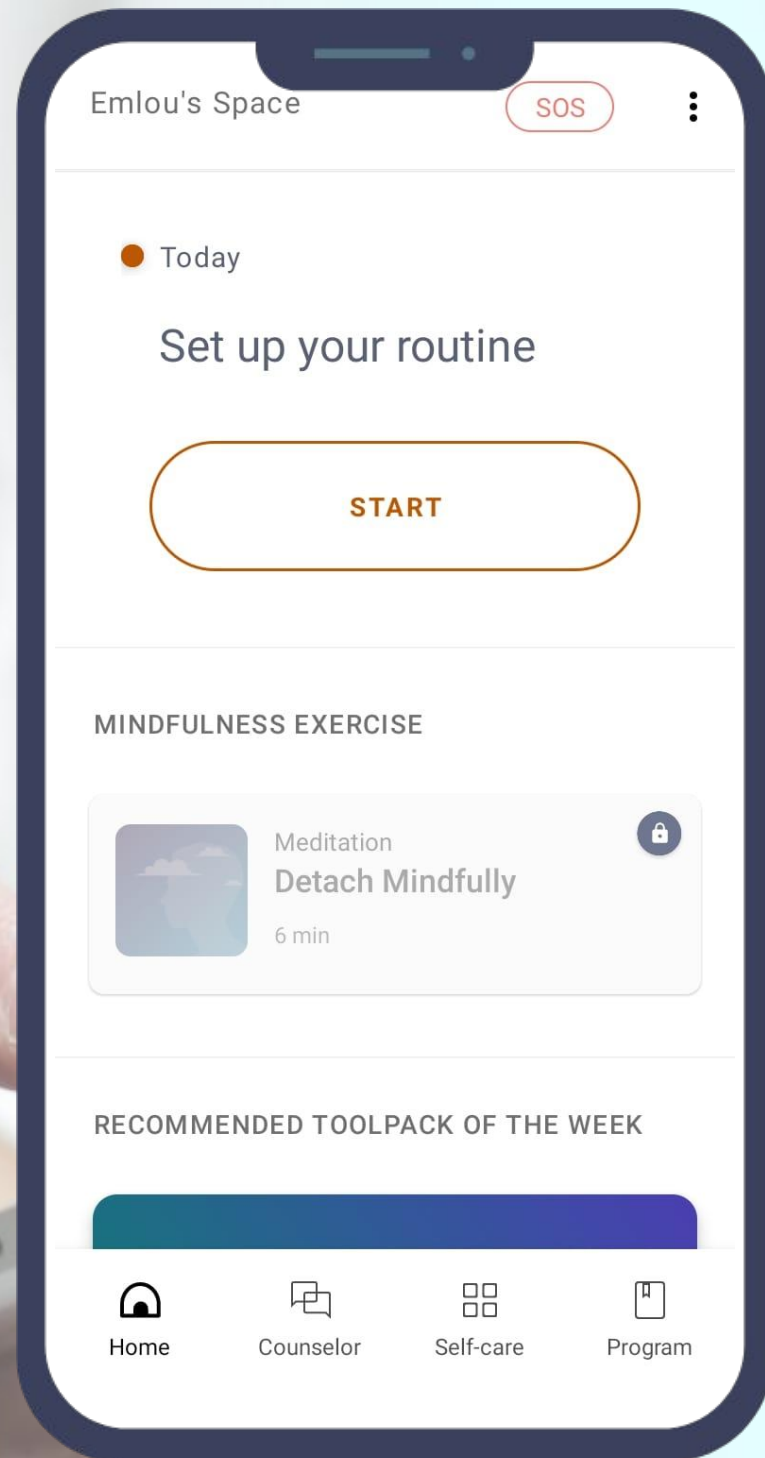


Waitlist support: self care exercises

24/7 Digital Self-help

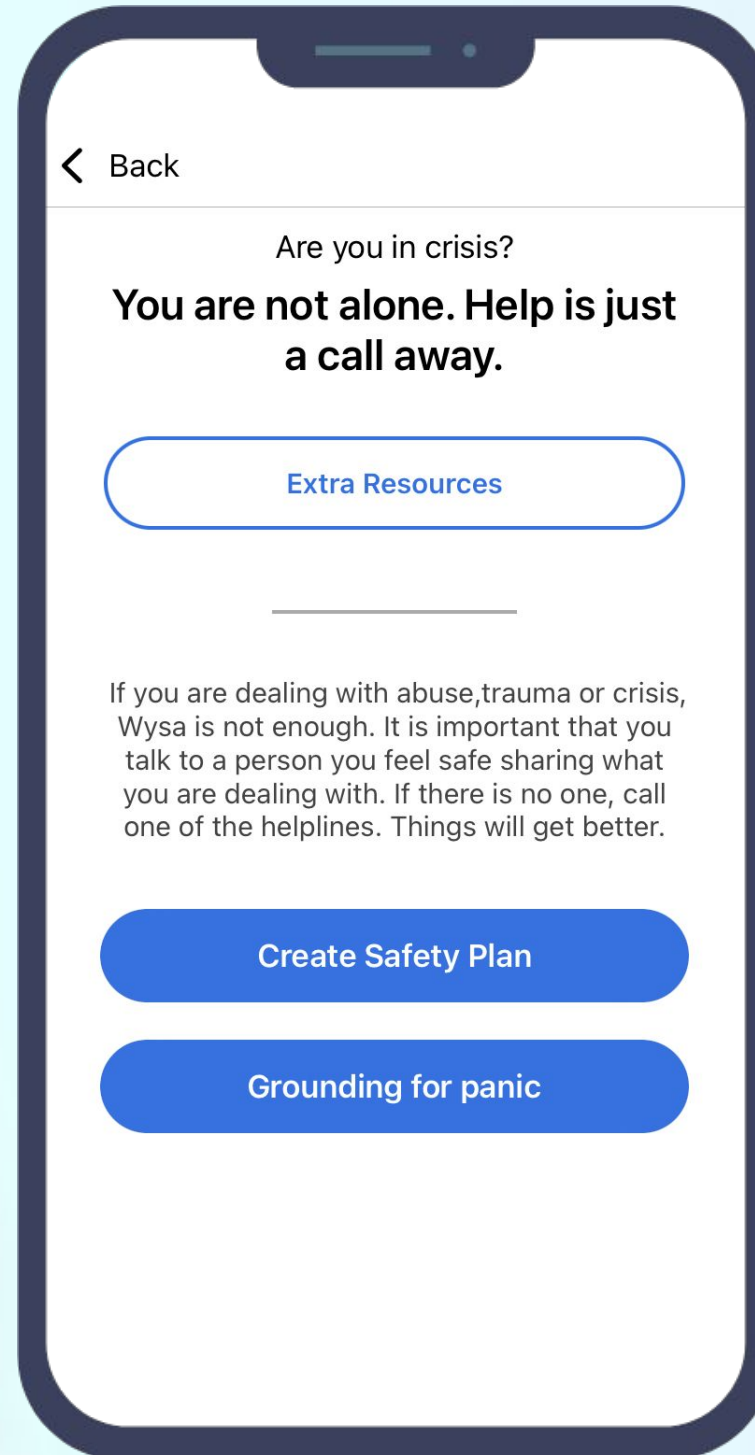
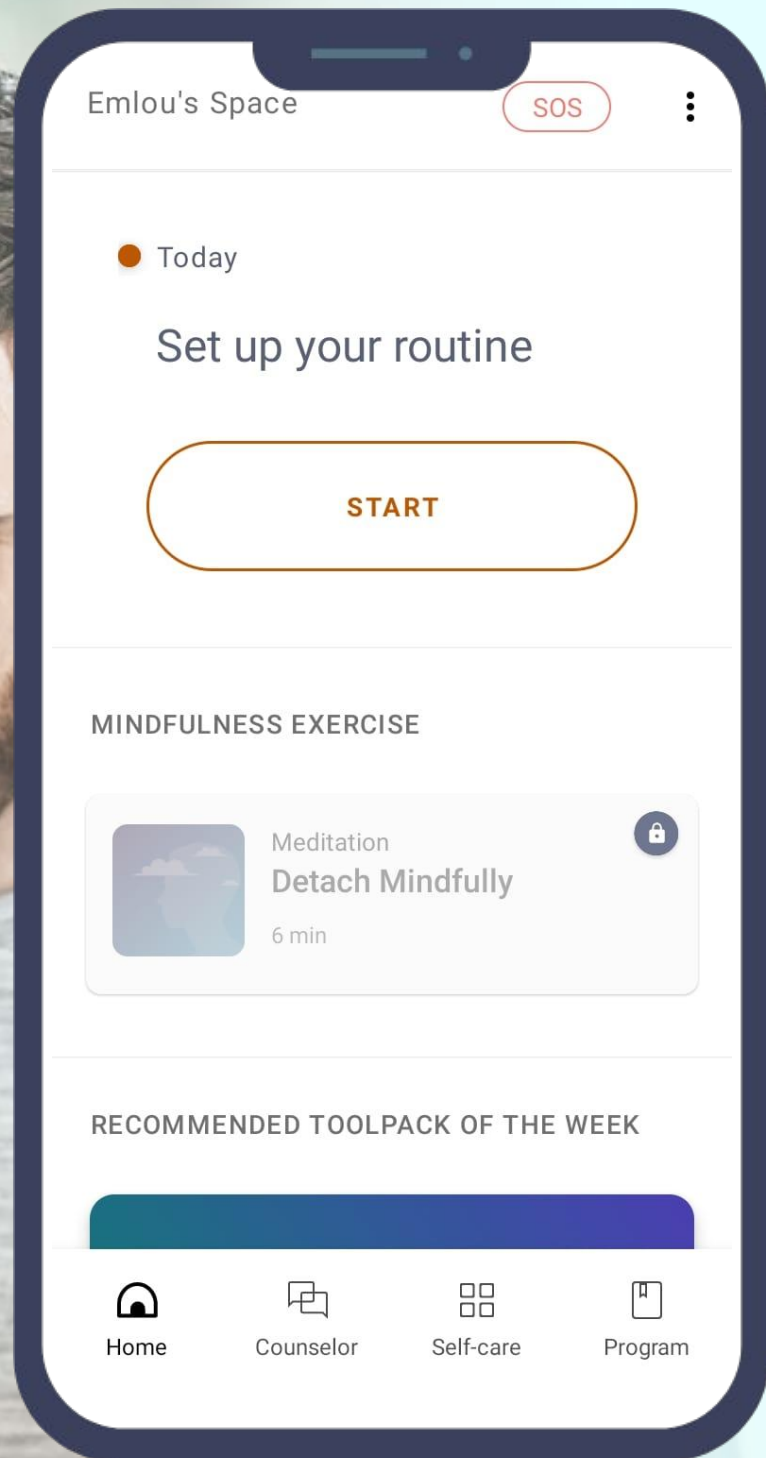
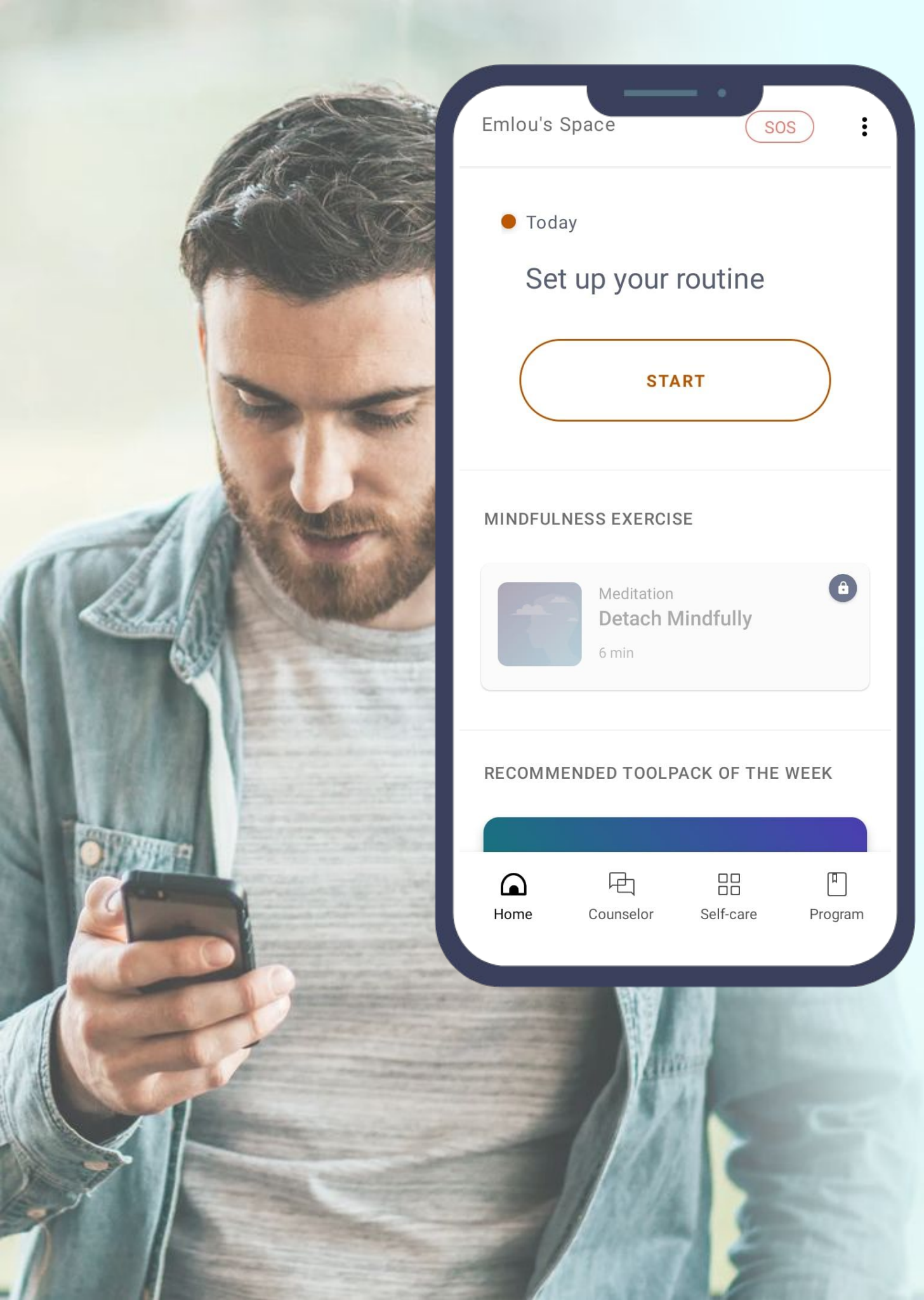
150+ Audio and Video Exercises (App and Web), organised into themed packs, including:

- Relationships
- Manage Anxiety
- Sleep
- Loss
- Wellness
- Coping with Pain
- Mindfulness



Daily check-ins

- WYSA sends notifications at agreed check in times.
- WYSA recommends specific exercises or tools based on content of responses within the chat and/or time of day (eg sleep stories in the evening).

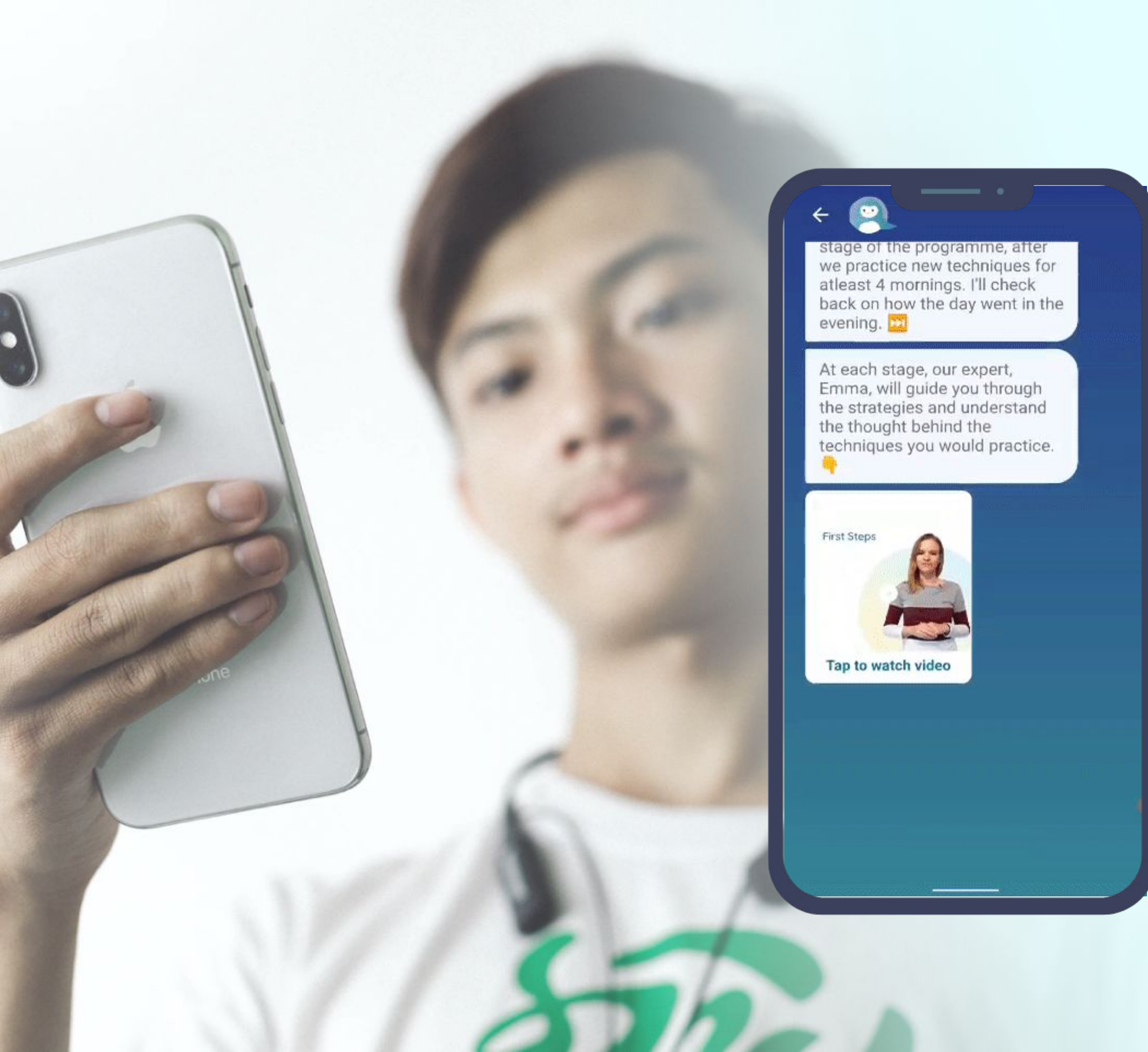


SOS safety

Users can click on SOS button at any time:

- Grounding exercise
- Ability to create a safety plan
- Local and/or national helplines

Helplines also provided if risk words identified in chat and client confirms that they are thinking of ending their life.



Prescribed AI-cCBT Programmes

- Programmes include depression, worry, panic and chronic pain
- Weekly Psychoeducational videos
- Evidence based cCBT based techniques introduced in AI chat and practised daily, supported by WYSA through morning and evening check ins.

Ethics and data diversity

Confidential: Commercially Sensitive

